

WOODSIDE SYNAGOGUE

9001 Georgia Avenue, Silver Spring, MD 20910
301/587-8252
www.wsat.org

Guide for Out-of Town Visitors and Friends

Welcome to **Woodside Synagogue Ahavas Torah**, an important part of the greater Washington area's vibrant Jewish community for **60** years. We are very happy that you have made Woodside a part of your Washington experience.

Woodside is fortunate to host many visitors to the nation's capital. We are pleased to offer this information packet to make your visit as pleasant as possible.

Have an enjoyable visit!

Table of Contents

Basic Information and Minyanim.....	2
Youth Program, Mikvah, Vaad Harabanim.....	3
Nearby Hotels.....	4
Shopping Centers, Restaurants.....	6
Bakeries, Kosher Markets.....	9
General Supermarkets and Pharmacies.....	10
Eruv.....	11

If you wish to support our shul, please place your contribution in the lock-box near the door on the south side of the Beit Midrash, or go to the Shul web site (www.wsat.org) and donate on-line using PayPal or credit cards.

**Whether or not you choose to make a contribution,
we hope you enjoy your stay and that you will come back again.
Thank you.**

Address	9001 Georgia Avenue, Silver Spring, Md. 20910 (The intersection of Georgia Avenue and Noyes Drive)
Web Site	http://www.wsat.org
Telephone	301/587-8252 This number will provide you with recorded information on the status of the eruv and davening times for a given Shabbat.
Rabbi	Rabbi Moshe Walter E-Mail: rabbi@wsat.org
President	Chanoch Kanovsky E-Mail: president@wsat.org
Minyanim	Shacharit (For holidays and fast days, see shul monthly calendar link below)

Weekdays and Rosh Chodesh

- 6:50 AM Monday and Thursday
- 7:00 AM Tuesday, Wednesday and Friday
- 8:00 AM Sunday (including Rosh Chodesh)
- 6:40 AM Weekday Rosh Chodesh

Shabbat

- 7:15 AM, Early Minyan
- 8:45 AM, Regular Minyan
- 9:00 AM, Outdoor Tent minyan (weather permitting)

Mincha/Maariv

Shabbat and Weekdays

- About 15 minutes before sunset Sunday thru Thursday
- Friday, nearest 5 minutes to candle lighting time; also *early* mincha/maariv service during the summer (see the shul monthly calendar link below)
- Shabbat, mincha is about 30 minutes before sunset
- Motzei Shabbat maariv, 45 minutes after sunset

For the most accurate minyanim times always consult the shul calendar on our website! <https://www.wsat.org/monthly-calendar>

Youth Program

Shabbat morning groups Ages 2-5: 10:00 AM
Ages 6-12: 10:00 AM

Woodside Mikvah Organization

Woodside Mikvah 8901 Georgia Ave (1 block south of the shul, corner of Ballard St. and Georgia Ave.); for appointments, call 301/565-3737.

Women Appointments required; call or e-mail at least 24 hours in advance.

Men Sunday-Friday: 6:00 AM to 9:15 AM. See website for rules and registration.

For more information, see the website: www.woodsidemikvah.org

Vaad Harabanim

The Rabbinical Council of Greater Washington (Vaad Harabanim) is an organization of Orthodox rabbis that provides the Greater Washington Jewish community with a variety of critical services, including kashrus supervision and bais din services for financial disputes, conversion, and divorce. It also provides information regarding many community service organizations, including those involved in eruv management, mikvah services, charity work, bikur cholim services, and chevra kadisha services.

For more information, see the website: www.vaadgw.org

Nearby Hotels

Information pertaining to hotels that are relatively close to Woodside Synagogue is listed below. Distances may vary slightly depending which route one takes. Please contact the hotel to get current pricing, and to check on the availability of an in-room refrigerator and a manual door key.

Name, Address, Telephone	Walking Distance to	
	Shul	Silver Spring Metro
DoubleTree by Hilton 8777 Georgia Avenue 301/589-0800	0.35 miles	0.4 miles
DoubleTree by Hilton 8727 Colesville Road 301/589-5200	0.65 miles	0.4 miles
Courtyard by Marriott 8506 Fenton Street 301-589-4899	0.85 miles	0.4 miles
Holiday Inn Express 7990 Georgia Avenue 301/565-3444	1.3 miles	0.6 miles

Shopping Centers

There are two shopping centers in the area where a significant number of kosher restaurants, kosher markets, and other stores of Jewish interest can be found. Directions from Woodside Synagogue to these shopping centers are provided below. In the listings that follow, the businesses that are located in these shopping centers will be identified.

Wheaton

Kemp Mill Shopping Center

Directions: Georgia Ave. north; right onto Arcola Avenue; right onto Lamberton Drive, straight into shopping center. Distance: 4.8 miles.

Rockville

Randolph Hills Shopping Center

Directions: Georgia Ave. north; slight left onto Viers Mill Road; left onto Randolph Road, left onto Rocking Horse Road, go through the stop sign straight into shopping center. Distance: 6.1 miles.

Restaurants

All restaurants listed herein are under the Rabbinical Council of Greater Washington ("Capitol K", www.vaadgw.org/kashrus.html) supervision. Where possible, we have provided one set of directions from Woodside Synagogue for each establishment. Please call ahead to confirm hours and directions. Distances will vary if an alternate route is taken.

Silver Spring and Wheaton

Goldberg's New York Bagels – Silver Spring (Dairy cholov yisroel: sandwiches, soups)
9328 Georgia Avenue, Silver Spring, MD 20910
Telephone 240/450-4177 Website: goldbergsnybagels.com
Hours: Sun -Thu 7 AM–3 PM; Fri 7 AM – 3 PM (2 PM during standard time)
Directions: 4 blocks North of Woodside Synagogue on Georgia Ave. Distance: 0.5 miles.

Ben Yehuda Cafe and Pizzeria (Dairy: Pizza, salads, subs, soups)

Kemp Mill Shopping Center (see directions above)

1370 B Lambertson Drive, Silver Spring, MD 20902

Telephone: 301/681-8900 Website: www.bypizza.co

Hours: Sun 11 AM–7 PM; Mon-Thu Noon-7 PM; Fri 11 AM–2 PM; Sat 1 hour after Shabbat–12:00 AM

Notes: Cholov Yisroel dairy menu

Holy Chow (Meat: Chinese take-out)

Kemp Mill Shopping Center (see directions above)

1331 Lambertson Drive, Silver Spring, MD 20902

Telephone: 301/649-5466 Website: www.holychow.me

Hours: Sun-Thu 11:30 AM-8:30 PM; Fri 11:30 AM-2:30 PM

Nut House Pizza (Dairy: Pizza, veggie subs)

11419 Georgia Avenue, Silver Spring, MD 20902

Telephone: 301/942-5900 Website: www.nuthousepizzas.com

Hours: Sun 11:00 AM– 8:30 PM; Mon-Thur 11:30 AM-8:30 PM; Fri.: 11:30 AM– 2:00 PM; Sat 1/2 hour after Shabbat until 12:30 AM

Notes: All items Cholov Yisroel with the exception of the ice cream products

Directions: Georgia Avenue north; located in strip mall on right at corner of Georgia Avenue and University Blvd. Distance: 2.9 miles.

The Kosher Pastry Oven (Pareve bakery, dairy cafe: wraps, salads, soups at lunch; Moroccan, Italian, fish, pasta at dinner)

Kemp Mill Shopping Center (see directions above)

1372 Lambertson Drive, Silver Spring, MD 20902

Telephone: 301/592-8844 Website: www.thekosherpastryoven.com

Hours: Cafe and Bakery: Sun-Fri 8:00 AM-4 PM

Dinner service: Carry-out only, order 2:00 PM-5:15 PM, pickup 5:30 PM-6:30 PM

Rockville

Al Ha'esh (Meat: Israeli salads, skewers, kebabs)
Randolph Hills Shopping Center (see directions above)
4860 Boiling Brook Parkway, Rockville, MD 20852
Telephone: 301/822-4000 Website: www.al-haesh.com
Hours: Sun-Thu noon-8:00 PM; Fri noon-2 PM
Notes: Restaurant is located next to the Moti's Market

Siena's Pizzeria (Dairy, cholov yisroel: Pizza, Italian, and Mexican)
Randolph Hills Shopping Center (see directions above)
4840 Boiling Brook Parkway, Rockville, MD 20852
Telephone: 301/770-7474 Website: sienasrestaurant.com
Hours: Sun-Thu noon-7 PM; Fri. 11 AM-2 PM

Goldberg's New York Bagels – Rockville (Dairy, cholov yisroel: sandwiches and soups)
Randolph Hills Shopping Center (see directions above)
4824 Boiling Brook Parkway, Rockville, MD 20852
Telephone: 301/816-9229 Website: goldbergsnybagels.com
Hours: Sun -Thu 7 AM-3 PM; Fri 7 AM – 3 PM (2 PM during standard time)

Oh Mama Grill (Meat: Mediterranean and Middle Eastern)
188 Rollins Ave., Rockville, MD 20852
Phone: (301) 770-3003 Website: ohmamagrill.com
Hours: Sun - Thu 11:30 AM-8:00 PM, Fri 11:30 AM-2:30 PM
Directions: Georgia Ave. north; exit right onto I-495 West toward N. Virginia; take Exit 34, MD-355 N toward Rockville/Bethesda/Wisconsin Ave.; turn left onto Rollins Ave.
Distance: 8.1 miles.

Cafe Sunflower (Dairy: hot & cold drinks, baked goods)
6101 Executive Blvd., No. Bethesda, MD 20852
Phone: (301) 321-3280 Website: www.sunflowerbakery.org/cafe-sunflower
Hours: Tues - Fri 9 AM-4 PM/Summer, 3:30 PM/Winter
Directions: Georgia Ave. north; exit right onto I-495 West toward N. Virginia; take Exit 35, I-270 N toward Frederick; Take Exit 1A, Old Georgetown Road/MD-187; turn left onto Executive Blvd.
Distance: 7.9 miles.

Washington, D.C.

Char Bar (Meat: Deli, grill, BBQ, burgers)

2142 L St. NW, Washington, DC 20037

Telephone: 202/785-4314 Website: www.charbardc.com

Hours: Sun-Thu noon-8 PM

Metro: Red Line, Silver Spring to Dupont Circle Distance: 8.0 miles.
3 block walk from Dupont Circle

Soupergirl (Vegan: soup, salads)

1829 M St. NW, Washington, DC 20036

Telephone: 202/733-4401 Website: www.thesoupergirl.com

Hours: Mon-Thu 11 AM-7 PM; Fri 11 AM-3 PM

Metro: Red Line, Silver Spring to Farragut North Distance: 9.5 miles

Jewish Gift Shop

Israeli Accents

Randolph Hills Shopping Center (see directions above)

4838 Boiling Brook Parkway, Rockville, MD 20852

Telephone: 301/231-7999

They have Jewish Gifts and Judaica

Bakeries

The Kosher Pastry Oven (see Restaurants, Silver Spring and Wheaton)

Goldberg's Bagels (see Restaurants, Silver Spring, Rockville and Potomac)

Moti's Market (see Kosher Markets)

Shalom's Kosher Market (see Kosher Markets)

Sunflower Bakery

8507 Ziggy Lane, Gaithersburg, MD 20877

Telephone: 240/361-3698 Website: www.sunflowerbakery.org/

Order on the web site or by phone; 48 hours advance notice required

Krispy Kreme Doughnuts

(kosher certification not including drinks)

14919 Shady Grove Road, Rockville, MD 20850

Hours: Sun-Thu 6:00 AM-10:00 PM, Fri-Sat 6:00 AM-11:00 PM

Krispy Kreme Doughnuts

(kosher certification not including drinks)

1350 Connecticut Ave. NW, Washington, DC 20036

Hours: Sun-Thu 6:00 AM-10:00 PM, Fri-Sat 6:00 PM-11:00 PM

Kosher Markets

Silver Spring and Wheaton

Shalom Kosher

Kemp Mill Shopping Center (see directions above)

1361 Lambertson Drive, Silver Spring, Maryland 20902

Telephone: 301/946-6500 Website: www.theshalomgroup.com/shalom-kosher

Hours: Sun 7:30 AM-7 PM; Mon-Wed 7:30 AM-8 PM; Thu 7:30 AM-9:00 PM;

Fri 7:30 AM-5 PM/Summer, 4 PM/Winter

Rockville

Moti's Market

Randolph Hills Shopping Center (see directions above)

4860 Boiling Brook Parkway, Rockville, MD 20852

Telephone: 301/468-0400 Website: www.motismarket.com

Hours: Sun - Thu 7:30 AM-8:00 PM; Fri. 7 AM – 4 PM/Summer, 3 PM/Winter

General Supermarkets and Pharmacies

CVS in the Blair Park Shopping Center

1290 East West Highway, Silver Spring, MD 20910

Telephone: 301/588-6262

Hours: 24 Hours/7 Days a week

Directions: Georgia Ave. south; turn right onto Colesville Rd (MD-29) left onto East-West Hwy (MD-410), first right into Blair Park Shopping Center, take first left.

Distance: 1.1 miles

Giant Foods in the Blair Park Shopping Center

1280 East West Highway, Silver Spring, MD 20910

Telephone: 301/585-1670 Pharmacy: 301/565-0575

Hours: Mon-Sat 6:00 AM –Midnight; Sun 6:00 AM-11:00 PM

Directions: Georgia Ave. south; turn right onto Colesville Rd (MD-29) left onto East-West Hwy (MD-410), first right into Blair Park Shopping Center, take first left.

Distance: 1.1 miles

Snider's Super Foods

1936 Seminary Road, Silver Spring, Md. 20910

Telephone: 301/589-3240

Website: www.sniderfoods.com

Hours: Daily 8:00 AM-9:00 PM

Directions: Georgia Ave. north; turn left onto Seminary Rd. (2nd light), store on the right

Distance: 0.6 miles

Whole Foods Market

833 Wayne Avenue, Silver Spring, Md. 20910

Telephone: 301/608-9373

Website: www.wholefoodsmarket.com/stores/silverspring

Hours: Daily 7:00 AM-10:00 PM

Directions: Georgia Ave. south; turn left onto Spring St.; straight across Colesville Rd. onto Cedar St.; turn left onto Pershing Dr.; straight into shopping center

Distance: 1.1 miles

Costco Wholesale

11160 Veirs Mill Road, Wheaton, MD 20902

Telephone: 301/692-1330

Hours: Mon-Fri 10:00 AM-8:30 PM, Sat 9:30 AM-6:00 PM, Sun 10:00 AM-6:00 PM

Notes: Includes Kosher Dairy bakery

Directions: Georgia Ave. north; turn left onto University Blvd. W; turn left onto Veirs Mill Rd.

Distance: 3.3 miles

Eruv

The Woodside community has an Eruv, combined with the Eruv for Shepherd Park in DC, which allows us to carry on Shabbat. It is recommended to call the Shul (301/587-8252) for the recorded Eruv status just prior to Shabbat. A copy of the Eruv map is on shul web site:

<https://www.wsat.org/eruv>